

Program	Est. #	Age	Gym	Kitch.	Conc.	M/M	Game	Creat	Plat.	Study	Time	Season	# of days	#of wks	Days
Co-ed A. vb	15	A	x								6-9 PM	F, W, S	2	40	M, W
Co-ed Pickle Ball	40	A	x								9-11 AM/6-8 PM	F,W,S	3	40	T, Th, Fr
Mens Bball	18	A	x								6-9 PM	F, W, S	2	40	T, Th
Womens Bball	10	A	x								6-9 PM	F, W, S	1	40	T
Youth Bball practices	150	5 - 12	x						x		3-8 PM	F, W	6	19	M-F
Youth bbal games Wkend	300	5 - 12	x	x	x				x		9-3 PM	F,W	1	8	S
Youth bball games Wkdays	300	5-12	x	x	x				x		3-8 PM	W	2	8	M - F
CCBball Pract/Games	24	10-12	x	x	x				x		3-6 PM	W	3	8	T, W, Th
Youth Bball Clin. Wkend	75	8-12	x								9 AM - 1 PM	F,W	1	4	S
Youth Bball Clin. Wkday	75	8-12	x								3-6 PM	F,W	2	4	M, W
Nutty November	45	5-12	x								6-8 PM	W	1	1	F
Youth VB Pract/Games	15	9 - 12	x						x		3-8 PM	F	2-3	9	M, W, F
Spring Clinics Wkdays	50	7- 12	x								5-8 PM	W, S	2	4	T, Th
Spring Clinics Wkends	50	7 - 12	x								9 AM - 1 PM	S	1	4	S
Y. Spring practices	50	7 - 12	x								3-7 PM	S	4	4	T, W, Th
Officiating Clinics	20	A	x			x					7-9 PM	W, S	2	2	M, W
Kinder Sports	24	5-6	x								3:15-4:15 PM	F, W, S	1	3	T
Tournaments	350	9-12	x		x				x		9 AM - 8 PM	F, W	7	2	M-S
Vacation Programs	50 +	6-12	x		x	x	x	x	x	x	9 AM - 5 PM	W, S	5	3	M-F
Drop-in Program	75	10-17	x		x	x	x	x	x	x	2:20 - 6 PM	F,W,S	5	37	M-F
CATCH	30	6-10	x	x	x						3:15-4:30 PM	F, W, S	5	37	M-F
Karate	12	6-12				x					6-7:30	F,W, S	1	48	T
Teen Nights	80	12-18	x	x	x	x	x	x	x		6-11:00 +	F, W, S	1	12	F, S
Teen Sports - i.e. intramurals	125	12-18	x	x	x				x		3-9 PM	F, W, S	3	37	W, F, S
Teen "Coffee Houses"	25	15-17		x	x	x					7-10 PM	F, W, S	1	4	F, S
Teen Leadership Committee	10	12-18		x		x					5-7 PM	F, W, S	1	12	T, Th
Summer Camp Programs (3)	300	5-15	x		x	x	x	x	x	x	8 AM - 5 PM	Su.	5	8	M-F
Hot N Happy	24	3-5/A	x			x			x		9:30-11:30	Su.	1	7	T
Summer Staff Training	30	15-A	x	x	x	x		x	x		8-4 PM	Su.	5	1	M-F
First Aid/CPR Training	30	15-A				x					6-10 PM	F, W, Su	2	3	M, W
ARC Safe on my Own Classes	10	8-11				x					3:15-5:15 PM	F, S	1	2	Th
ARC Babysitting Classes	12	11-15				x					9AM-4PM	Su.	1	1	Th
Theater Camp	45	5-14				x		x	x		9 AM - 2 PM	Su.	4	1	M-Th

will vary by schedule

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will vary by season

will vary by schedule

depends on instructor's schedule

Theater Camp Performance Day	175	5-14/A			x	x		x	x		9 AM - 8 PM	Su.	1	1	Fri
Children's Dance (Summer)	12	7-12	x						x		1-2 PM	Su.	2	7	M, W
Children's Dance (School Year)	12	7-12	x								3:15-5 PM	F, W, S	2	24	M, W
Creative Movement	24	3-5/A	x								10-11 AM	F, W, S	2	18	T, Th
Kidzercize	24	3-5/A	x								10-11 AM	F, W, S	2	18	T, Th
Kids Night Out	30	4-9	x	x					x		4:00-7:30	W, S	1	2	F
Kinder Cooking	10	5-7		x					x		3:15-4:30	F, W, S	2	15	M, W
Artventures	8	3-5/A							x		9-10 AM	F, W, S	1	48	T
Mommy & Me	20	3-5/A	x				x		x		10-11 AM	yr round	1	12	W
Holiday Parties	12	9-14	x	x			x	x	x	x	3-5 PM	yr round	4	4	Th
Halloween Party	250	6-9/F	x	x	x	x		x	x		4-8 PM	F	1	1	F
Haunted House	300 +	9-A	x	x			x			x	3-9 PM	F	6	4	M-F
Father Daughter Dance	75	7-A		x			x		x		4-9 Pm	W	1	1	F
Family Nights	30	4-13/A	x	x	x	x	x	x	x	x	5-8 PM	F, W, S	1	4	Th, F
Jewelry Making (Children)	12	6-16							x		3:15-5 PM	F, W,	1	12	W
Jewelry Making (Adults)	12	A							x		6-8 PM		1	12	W
Art Classes (Children - Summer)	12	6-12							x		1-2 PM	Su.	1	7	T
Art Classes (Children)	12	6-12							x		3:15-5 PM	F, W, S	2	18	T, Th
Art Classes - Adults	12	A							x		7-9 PM	F, W, S	2	18	T, Th
Writing Workshop - Children	12	9-14					x		x	x	9 AM-7 PM	Su.	1	1	M
Writing Workshop - Adults	12	A					x		x	x	5:30-9:30 PM	Su.	1	1	M
Voice Over Class	12	A							x		6- 9 PM	Su.	1	1	M
Mah Jong	10	A					x				10 AM- 1 PM	yr round	1	52	W
Resource Fair	125	A	x	x			x	x		x	10 AM- 1 PM	S	1	1	F
Adult Fitness	12	A	x				x				9 AM - 10 AM	F, W, S	2	18	T, Th
Tai Chi	10	A					x				12 - 1 PM	yr round	1	50	T
Jazzercise	18		x								5:30-6:30 PM	yr round	1	50	T
Zumba (AM)	10		x								10-11 AM	yr round	1	48	Th
Zumba (PM)	10		x								6-7 PM	yr round	1	48	W
Zumba Gold	10		x								10-11 AM	yr round	1	48	F
Zumba Toning	10		x								9-10 AM	yr round	1	48	M
"Sit and Stretch"	10						x				10-11 AM	F, W, S	2	32	T,Th
Yoga	10						x				6-7 PM	yr round	1	48	W
Gentle Yoga	10						x				10-11 AM	yr round	1	48	W

Ball Room Dancing	24					x					6:15-7:15 PM	yr round	1	32	W
Line Dancing	24					x					7-9 PM	F, W, S	1	32	T
Walking Club	18	A	x								8-11 AM	F, W, S	6	28	M-F
Committee Meetings	Varies	A				x					6-8 PM	yr round	varies	varies	varies
Cub Scouts	10	7-9	x	x		x	x	x	x		6-8 PM	F, W, S	1	38	Th
Volunteer Training	25	A				x					6-8 PM	F, W, S	1	4	varies
Coaches Training	50	A				x					6-8 PM	F, W, S	1	4	varies